

🐺 St. Anthony Fraternity Newsletter

Vol 32 Issue 27



Mar 2023

Dear brothers and sisters of Penance,

I pray that we are all experiencing a blessed and fruitful Lenten Season...

OFS Rule Article 7: "United by their vocation as 'bothers and sisters of penance'and motivated by the dynamic power of the gospel, let them conform their throughts and deeds to those of Christ by means of that radical interior change which the gospel calls 'conversion.' Human frailty makes it necessary that this conversion be carried out daily."

Daily Conversion is not only for our own benefit – it is for the benefit of others as well. When we truly and whole- heartedly strive towards radical interior change, we affect everyone around us: our families, our co-workers, our friends and even strangers...We also affect everyone when we do not live a holy life by giving in to temptations and weaknesses - both physical and spiritual. As Secular Franciscans, or "Brothers and Sisters of Penance" as St. Francis himself named us, Lent is our season -- except that our "season" lasts all year!

In this month of St. Joseph, let us be open to the spiritual direction and care of our Seraphic Father St. Francis as well as our Universal Father and Patron of the Church St. Joseph. Through them and the Holy Spirit, we ask the Eternal Father for grace and strength to help Jesus carry His cross to Calvary where he forever destroys death and for an eternity brings life. Amen

Your sister in penance,

Israela

From Formation Friday – February 24,2023 (National Formation Commission)

The Conversion Process: Ongoing and continuous conversion of the heart During Ongoing Formation at our February Gathering, we focused on penance and conversion. We read the twelve items included in the handout, and focused on action items we would like to cultivate as a part of our Lenten Journey. Included in this list were: Ask the Holy Spirit to make me aware of a specific moral shortcoming and for the grace to change. Consciously live the beatitudes. Seek personal conversion through deeper prayer. Radically commit to the Gospel life centered on the person of Jesus. Accept myself as I am now and strive to reach a deeper level of conversion. Use St. Francis's paraphrase of the Lord's Prayer for meditation. We ended the by reciting St. Francis's Lord's Prayer on page 101 of the Ritual. "AND LEAD US NOT INTO TEMPTATION. hidden or obvious, sudden or persistent, BUT DELIVER US FROM EVIL. past, present and to come. . ."

Calendar of Events

Council Meeting – Fri. March 17

Fraternity Gathering - Sun. March 26

Ongoing Formation Topic: Liturgy of the Hours - Bring your book. Want to prepare? One Volume Book, pp. 8-19; Four Vol. Set - Read in <u>Vol. 1</u>, pp. 21-38

Orientation Phase

Sun. March 12 – Ecclesiology and Theology of the Laity, Part 2

Sun.April 18 - The Creed

Candidate Phase

Sat. March 11 - Clare of Assisi Sat. April 15 - Profession Sat. April 29 - Francis and Divinity

march Birthday



John Fishel – March 28

Hospitality Group 3

Israela Garcia, Felicie Truscio , Adrian Montoya, Frances Lucero Gina Lubeck, Linda Williams

The food and conversation is such a fun time at Fraternity Gatherings. Thanks for getting it all together for us.



Two-Month Financial Statement	Dec 22	Jan23
Monthly Donors	14	16
INCOME		
Regular Contributions	808.00	1165.00
Endowment Interest	50.57	52.26
Exceptional Income		
Orientation: Franciscan		
Journey Textbooks		55.00
Subtotal for Exceptional Income	5.00	55.00
TOTAL INCOME	863.57	1272.26
Transfer from Savings		
TOTAL DEPOSITED	863.57	1272.26
EXPENSES		
Recurring Expenses:		
Spiritual Assistant Stipend	75.00	100.00
Council Administration		
Supplies		
Infirmarian Team (Misc. Exp.)		
Formation Expenses	34.67	33.00
Newsletter Administration		
Supplies/Printing	27.98	46.60
Newsletter Postage	36.00	36.00
Website Fee		
Apostolate: Poor Clare's	75.00	100.00
(Donation)		
Apostolate: Franciscan Friars (Donation)	50.00	75.00
Fair Share to Regional		2250.00
Contingency Fund (Transfer to	50.00	50.00
Savings)		
Subtotal Recurring Expenses	348.65	
EXCEPTIONAL EXPENSE Rule Books	250.00	2690.60
	230.00	
Subtotal Exceptional Exp.	250.00	
TOTAL EXPENSES	598.65	2690.60
BEGINNING BALANCE	6280.07	6544.99
ENDING BALANCE	6544.99	5127.65
CONTINGENCY FUND		
Beginning Balance	3353.46	3407.31
Transfer from Expenses	50.00	50.00
Earned Dividend		1.02
		34.07
TOTAL CONTINGENCY FUND	3403.46	3492.40

The Fraternity Gathering - February 26,2023

This gathering will long be remembered as that Sunday afternoon of recordbreaking 75 mile per hour winds, uprooted trees, blowing gusts of winds reducing visibility, and that there were even warnings for those with respiratory conditions to remain indoors! Who would be able to come to the gathering today?

It will also be remembered as the day when the Lounge would serve as a "chapel" for praying the Evening Liturgy of the Hours. The Council had discussed how the multi-use space of the Conference Room was contributing to much movement and distraction, and that an atmosphere of reverence during the Liturgy was being diminished. The solution was to use the Lounge for prayer and the Conference Room for ongoing formation and as usual, for our meal and socializing.

The Council Members had planned to come early to make the necessary arrangements. They trickled in and began moving the furniture and set up the coffee table as the altar. Rena readied the altar and others the hymn sheets. When all was ready, the Council Members present then moved to the Conference Room to welcome those who were able to make it. Bill Parras arrived with the sound equipment and proceeded to set it up in the "chapel". Israela kept getting phone calls from those unable to come and received updates from them as to the status of the storm in their area. The power was off in the Conference Room, but enough light was coming in through the wall of windows. One by one they trickled in until nineteen family members arrived!

All were ushered into the new prayer space. We began Evening Prayer praising and thanking Our Lord with antiphons, hymns, psalms, canticles, and intercessions and special thanks for the new prayer space.

Before we began formation, Brother Gordon gave us a short history about the logistics we had just experienced. He stated that the "chapel" we used was formerly THE Chapel. This was part of a repair and renovation project. A new wing was added consisting of six bedrooms, a dining room, and a chapel. The lounge was the chapel. Now it will serve as a "chapel" for fraternity gatherings.

Israela led us in discussion as we used the inspiration from the Formation Friday of February 24th handout, referring to the action items by which to cultivate in a special way our Lenten journey. Page one of the newsletter lists some of the items. Some of the comments offered were: "Sorrow for sin causes spiritual and mental suffering." "Sin separates us from God." "Fasting is not just fasting from food but from discontent, from worry, from complaining." The discussion was animating assisting us along our Lenten journey.

Brother Gordon spoke about the gospel for the first Sunday of Lent, the Temptations of Christ. Regarding temptation, he said, "temptation you can't avoid, but you don't have to sin by yielding to temptation.

Israela welcomed our guest, Angela Ortiz, who stated that she is asking the Lord to guide her on the path to become a Secular Order Franciscan.

We sang happy birthday to Ed Dzienis and Adrian Montoya and enjoyed a delicious sampling of salads, sandwiches, and desserts. Now we were grateful for the calm after the storm.

Celebrating March Profession Anniversaries



Marie Tso Allen - 3/06/1955 - 68 years Avelina Battaglia - 3/28/1976 - 46 years Elizabeth Chavez - 3/21/2010 - 13 years Marilyn Migliarini - 3/21/2010 (date of renewal of profession in 1976) - 46 years Joann Sanchez - 3/24/2004 - 19 years Jannette Schlicher - 3/13/1983 - 40 years Rex Schlicher - 3/13/1983 - 40 years

"This month I celebrate the 23rd anniversary of the renewal of my Profession. As I reflect back to my original Profession in 1976, I am immediately struck by the development of our Rule over those years. Yet it continues to possess the charism of St. Francis and how he led his Secular followers to live the Gospel. My heart is full of gratitude to God for this "Call" – my Franciscan Vocation.

Marílyn Migliaríní, OFS

CIOFS FORMATION THE RULE The Challenge

Do I live the Gospel? "going from gospel to life and life to gospel." Art 4

> 1=never; 2=rarely; 3=sometimes; 4=often; 5=always



Quote from Tertullian, priest: from his treatise On Prayer Office of Readings - Thursday, March 16,2023



"...We must escort it (prayer) to the altar of God in a procession of good works to the sound of psalms and hymns. Then it will gain for us all that we ask of God. Since God asks for prayer offered in spirit and in truth, how can he deny anything to this kind of prayer? How great is the evidence of its power, as we read and hear and believe."

LET US PRAY for the intentions of: Marilyn Migliarini, Margaret and Paul Martinez Clare Domenici, Rosina May, Connie Martinez, Mary Lou Narvaez, Consuelo Chavez, Elizabeth Chavez



spiritual assistant's message

Dear Brothers and Sisters of St. Francis,

Well, "How goes it? "Like me, are you am that Lents is half over? I guess the saying "Time sure flies when you're having fun" is not the appropriate response. But, it sorta could be.

Remember that passage in Scripture that states: "When you fast, don't look grim – like the hypocrites. They put on sad faces to makes it obvious that they are fasting. . . When you fast, wash your face and comb your hair (if you have any) . . .When you pray go to your room and close the door. Pray privately to your Father who is with you."

Actually most of our Fraternity is over the age of 65—which means that we are exempt from fasting (your call though.) But, here is a plethora of other mortifications from which to choose. And, it's best to wimp-out of a choice rather than continue canonizing an ill-prepared mistake. "Just keep on keeping on."

> In peace and goodwill, Br. Gordon, OFM ---Spir. Asst.

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Our Mission Statement

We, the fraternity of St. Anthony, inspired by the vision of St. Francis, commit ourselves to the Gospel as our Way of Life; "Going from Gospel to Life and Life to the Gospel". We believe that we are called to be renewed continually through the celebration of the Eucharist and go forth to rebuild the Church through our witness.

We are the Ordo Franciscanus Saecularis (The Secular Order) in the United States of America. We live our vocation in Our Lady of Guadalupe Empress of the Americas Region. Our Franciscan Community is the St. Anthony Fraternity located in Albuquerque, New Mexico.